



820 West Diamond Avenue, Suite 500
Gaithersburg, MD 20878
LifeWorkStrategies.com

March 12, 2019

Dear Deborah Grenier,

Congratulations! Dynaxys LLC has been chosen as a 2018 Adventist Healthcare LifeWork Strategies Flu Fighter Award winner. You are part of an esteemed group of employers who are working hard to keep your employees and community healthy!

This has already been a busy season for the flu and it isn't over yet! The Centers for Disease Control and Prevention (CDC) estimates that from October 1, 2018 through March 2, 2019 that there have been between 22.8 to 26.3 million flu illnesses. While the flu virus can be found throughout the year, the most common activity is in the winter months. Peak time is generally December through February but can be active as late as May, according to the CDC. A yearly flu vaccine is the best way to protecting yourself and your employees from getting sick!

The CDC recommends that everyone over six months of age get a flu vaccine as soon as it's available to prevent these hospitalizations, complications, and death from the flu and pneumonia. Offering the flu vaccine at work clinics for your employees and their families, promoting good health habits and encouraging those who are sick to stay home are all critical to this effort. We appreciate the steps that your organization has taken to help stop the spread of flu in your workplace and in our community.

LifeWork Strategies wants to honor the steps you have taken to keep your employees healthy by recognizing you at our LifeWork Connections event on Thursday, March 21st in Rockville, Maryland. In addition to the presentation of our Flu Fighter Award, our topic will focus on 'Opioids in the Workplace.' We hope you will join us at this free event where 1 continuing education credit will be made available for SHRM and HRCI. The event will be at The Universities at Shady Grove from 11:30am to 1:30pm. Lunch and parking will be provided for our guests. We hope that you are able to come in person to accept this award. The invitation has been included in this message and you can easily register at <https://AdventistHealthCare.com/LWSLuncheon>.

Respectfully,

Nicole D'Uva
Interim Director, LifeWork Strategies
www.LifeWorkStrategies.com

