

For Immediate Release
Friday, March 26, 2015

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Local Employers Receive “Flu Fighter” Awards from Adventist HealthCare LifeWork Strategies

Employers in Maryland, Virginia and D.C. demonstrate commitment to fighting flu in the workplace

Gaithersburg, MD - Adventist HealthCare LifeWork Strategies celebrates local employers in Maryland, Virginia and the District of Columbia that helped to fight “the flu” in their workplace during the 2014-2015 flu season with the fourth annual Flu Fighter awards. The 29 winners of the 2014 awards are recognized for their efforts to protect the health of their employees and community.

“We are honored to present the Flu Fighter Award to local businesses who have demonstrated their commitment to a healthy workplace,” said Mindy Pierce, Director of LifeWork Strategies at Adventist HealthCare. “Preventing seasonal flu and complications from the flu in the workplace is an excellent example of improving employees’ overall health and well-being.”

The Flu Fighter award winners made flu prevention a priority for their employees by not only offering flu vaccinations at work but also promoting a healthy and safe environment. To be considered for the Flu Fighter award, employers were required to submit an application detailing their actions to keep employees healthy. Each employer received points based on their responses to questions regarding their policies and practices aimed at protecting their workforce and the community from the flu. All award recipients offered a work-site flu vaccination clinic. A majority of winners also covered the cost of the vaccine for employees. Each award winner provided resources to employees such as paid sick leave, hand sanitizer, hand-washing posters and surface cleaner in the workplace to prevent the spread of the flu. Many awardees maintain a formal workplace policy on sick leave and return to work, specific to the flu and the contagious illnesses.

“Adventist HealthCare’s mission is to improve the health of the people and communities we serve. We carry out this mission not just in our hospitals but also by partnering with local employers to provide wellness programs through LifeWork Strategies aimed to keep employees

healthy,” said Marta Brito Pérez, senior vice president and chief human resources officer with Adventist HealthCare.

LifeWork Strategies will be honoring their Flu Fighter award winners at an upcoming networking event called “LifeWork Connections,” which will take place at Founding Farmers restaurant in Potomac, MD on Tuesday, March 31st from 8:00 a.m.-10:00 a.m. The event will feature presentations on workplace best practices to increase employee well-being and engagement including presentations by Mindy Pierce, director of Adventist HealthCare LifeWork Strategies and Marta Brito Pérez with Adventist HealthCare.

2014 “Flu Fighter” Awards Winners

1. Adventist HealthCare
2. AgNovos Healthcare
3. American Podiatric Medical Association
4. Anne Arundel Medical Center
5. Aronson LLC
6. Association of American Medical Colleges
7. BioReliance
8. City of College Park
9. City of Gaithersburg
10. Corporate Office Properties Trust
11. Dynaxys
12. EagleBank
13. Frederick County Public Schools
14. GEICO
15. Industrial Bank
16. IntelliDyne, LLC
17. IQ Solutions
18. James G. Davis Construction
19. MainSpring, Inc. (Formerly Corporate Network Services)
20. National Cable & Telecommunications Association
21. NRUCFC
22. Nutricia North America
23. Social & Scientific Systems, Inc.
24. Supernus Pharmaceuticals, Inc.
25. The Charles E. Smith Life Community
26. The Donohoe Companies
27. The HSUS (Humane Society of the United States)
28. Town of Riverdale Park
29. Walker & Dunlop, LLC

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LifeWork Strategies, a member of Adventist HealthCare, delivers comprehensive behavioral health and wellness programs to employers. Our high quality programs include EAP, work/life, training & wellness services to help individuals live healthier and more productive lives. To learn more, visit <http://www.lifeworkstrategies.com>.

*Adventist HealthCare, an integrated, health-care delivery organization based in Gaithersburg, Maryland, is one of the largest employers in the state of Maryland. The mission of Adventist HealthCare is to demonstrate God's care by improving the health of people and communities through a ministry of physical, mental and spiritual healing. Adventist HealthCare includes Shady Grove Medical Center, Washington Adventist Hospital, Adventist Behavioral Health, Adventist HealthCare Physical Health & Rehabilitation, Adventist HealthCare Home Care Services and The Lourie Center for Children's Social & Emotional Wellness and Young Children. Learn more about Adventist HealthCare's services: www.AdventistHealthCare.com *[@AdventistHC](https://www.facebook.com/AdventistHealthCare) * www.facebook.com/AdventistHealthCare * <http://blog.adventisthealthcare.com>*